

PLOF= Prior Level of Function

CLOF= Current Level of Function

Client Name: _____

OCCUPATIONAL THERAPY OUTCOME DRIVEN CARE PLAN

Functional Areas	P L O F	C L O F	G o a l	CLOF (minus) Goal	Scoring Key *** At DC only complete CLOF column
Current Ability to Dress Upper Body safely (with or without dressing aids) including undergarments, pullovers, front-opening shirts and blouses, managing zippers, buttons, and snaps:					0 = Able to get clothes out of closets and drawers, put them on and remove them from the upper body without assistance. 1 = Able to dress upper body without assistance if clothing is laid out or handed to the patient. 2 = Someone must help the patient put on upper body clothing. 3 = Patient depends entirely upon another person to dress the upper body.
Current Ability to Dress Lower Body safely (with or without dressing aids) including undergarments, slacks, socks or nylons, shoes:					0 = Able to obtain, put on, and remove clothing and shoes without assistance. 1 = Able to dress lower body without assistance if clothing and shoes are laid out or handed to the patient. 2 = Someone must help the patient put on undergarments, slacks, socks or nylons, and shoes. 3 = Patient depends entirely upon another person to dress lower body.
Toilet Transferring: Current ability to get to and from the toilet or bedside commode safely <u>and</u> transfer on and off toilet/commode.					0 = Able to get to and from the toilet and transfer independently with or without a device. 1 = When reminded, assisted, or supervised by another person, able to get to and from the toilet and transfer. 2 = <u>Unable</u> to get to and from the toilet but is able to use a bedside commode (with or without assistance). 3 = <u>Unable</u> to get to and from the toilet or bedside commode but is able to use a bedpan/urinal independently. 4 = Is totally dependent in toileting.
Bathing: Current ability to wash entire body safely. <u>Excludes grooming (washing face, washing hands, and shampooing hair).</u>					0 = Able to bathe self in <u>shower or tub</u> independently, including getting in and out of tub/shower. 1 = With the use of devices, is able to bathe self in shower or tub independently, including getting in and out of the tub/shower. 2 = Able to bathe in shower or tub with the intermittent assistance of another person: (a) for intermittent supervision or encouragement or reminders, <u>OR</u> (b) to get in and out of the shower or tub, <u>OR</u> (c) for washing difficult to reach areas. 3 = Able to participate in bathing self in shower or tub, <u>but</u> requires presence of another person throughout the bath for assistance or supervision. 4 = Unable to use the shower or tub, but able to bathe self independently with or without the use of devices at the sink, in chair, or on commode. 5 = Unable to use the shower or tub, but able to participate in bathing self in bed, at the sink, in bedside chair, or on commode, with the assistance or supervision of another person. 6 = Unable to participate effectively in bathing and is bathed totally by another person.
When is the patient dyspneic or noticeably Short of Breath ?					0 = Patient is not short of breath 1 = When walking more than 20 feet, climbing stairs 2 = With moderate exertion (for example, while dressing, using commode or bedpan, walking distances less than 20 feet) 3 = With minimal exertion (for example, while eating, talking, or performing other ADLs) or with agitation 4 = At rest (during day or night)
Frequency of Pain Interfering with patient's activity or movement:					0 = Patient has no pain 1 = Patient has pain that does not interfere with activity or movement 2 = Less often than daily 3 = Daily, but not constantly 4 = All of the time
Objective Measure					Forward Functional Reach Test (FFRT): (3) Unwilling to reach = risk of falling 8x > norm; (2) <6" = risk of falling 4x > norm; (1) 6"-10" = risk of falling 2x > norm; (0) ≥ 10" = low risk of falling Sitting Forward Functional Reach Test (SFRT): 40-59 y.o. (0) ≤ 15.9" and (1) > 15.9"; 60-79 y.o. (0) ≤ 13.2" and (1) > 13.2"; 80-97 y.o. (0) ≤ 12.5" and (1) > 12.5" Other:
Management of Oral Medications: Patient's <u>current ability</u> to prepare and take <u>all</u> oral medications reliably and safely, including administration of the correct dosage at the appropriate times/intervals. Excludes injectable and IV medications. (NOTE: This refers to ability, not compliance or willingness.)					0 = Able to independently take the correct oral medication and proper dosage at the correct times. 1 = Able to take medication(s) at the correct times if: (a) individual dosages are prepared in advance by another person; <u>OR</u> (b) another person develops a drug diary or chart. 2 = Able to take medication(s) at the correct times if given reminders by another person at the appropriate times 3 = <u>Unable</u> to take medication unless administered by another person. NA = No oral medications prescribed.
Did patient receive post-acute (skilled nursing facility, inpatient rehabilitation facility, long term care hospital, or inpatient psychiatric facility) care in the 14 days prior to the HH admission					Yes = 2 No = 0
Risk for Hospitalization: Which of the following signs or symptoms characterize this patient as at risk for hospitalization? (Mark all that apply.) <i>INSTRUCTION: 1 POINT FOR EACH RISK IDENTIFIED</i>					() - History of falls (2 or more falls – or any fall with an injury – in the past 12 months) () - Multiple hospitalizations (2 or more) in the past 6 months () – Diagnosis of Congestive Heart Failure, Chronic Obstructive Pulmonary Disease, or Diabetes Mellitus
					←Sum of column (ODCP Score)